

Internship in Psychology
Data File

Student Name: Hannah Belusko

Internship Site:

Name of Organization: HOPE Community Services Inc.

Web Address: <http://www.hopecsi.org/>

Address: 6100 S. Walker Ave. Oklahoma City, OK 73139

Placement Supervisor (name, phone, email): Jeanette Moore, LCSW (Executive Director)
(405) 634-4400
jlmoore@hopecsi.org

Initial Contact Person (name, phone, email): Same as above

Scheduled Start & End Dates: Monday June 5, 2017-Wednesday July 12, 2017

Brief Description of Organization (mission/purpose, types of clients served, services provided):

HOPE Community Services is a mental health center in Oklahoma City, OK that provides outpatient behavioral health services. Programs at HOPE include case management, individual/group therapy, housing/community living, psychiatric rehabilitation services, a medication clinic, crisis intervention, trauma and vocational services. HOPE also has programs designed for criminal offenders and clients who have co-occurring disorders. To assist consumers in meeting their needs, HOPE works with several community providers such as the Department of Corrections and the Department of Human Services. Although anyone experiencing mental health problems can receive services from HOPE, nearly all of the clients served are low income-many of which are poverty level and have Social Security or Medicaid. A lot of clients at HOPE are homeless.

HOPE Mission Statement: "To be a progressive leader in the community providing innovative and supportive mental health and addiction programs that are responsive, efficient, and effective in delivering trauma and recovery focused services that improve the quality of life for children, families, and adults in our community"

Intern Duties & Responsibilities (list):

- Attend a week long training about HOPE and their policies/procedures
- Practice using ThinkHealth (online client database)
- Speak with the directors of all the programs offered at HOPE
- Complete an online training program on trauma
- Practice filling out a treatment plan

- Shadow case managers/care coordinators, therapists, or the psychiatrist while in sessions with clients
- Take notes and sit in during intakes
- Go with the RSS to make home visits/take clients on errands or to appointments
- Attend staff meetings and case consultations
- Co-lead client group lessons
- Hang out and do activities with clients in the adult psychiatric rehabilitation program

Benefits Obtained:

- Capacity to communicate with co-workers and supervisors
- Growth in interpersonal skills
- Knowledge of community resources available in Oklahoma City, OK
- Greater understanding of how to communicate with people who have severe mental illness
- Meeting people from all walks of life with all kinds of trauma histories

One Sentence Capture of the Internship (My internship experience...):

My internship experience gave me the opportunity to work with low-income clients who often had severe mental diagnoses and long histories of trauma.