## Internship in Psychology Data File

Student Name: Delaney Dunn

## Internship Site

Name of Organization: Central Texas Treatment Center

Web Address: http://www.adultprobation.net/cttc/index.html

Address: 601 N Alligator Street, Granger TX 76530

Placement Supervisor (name, phone, email): Raymond Cruthis, 512-943-3782, ray.cruthis@wilco.org

Initial Contact Person (name, phone, email): Raymond Cruthis, 512-943-3782, ray.cruthis@wilco.org

Scheduled Start & End Dates: Start- 01/17/2017 End- 04/07/2017

Brief Description of Organization (mission/purpose, types of clients served, services provided):

The Central Texas Treatment Center is a 100-bed residential treatment center for probationers with chemical dependency problems. Its main mission and purpose is to successfully treat residents through cognitive-behavioral therapy in which residents begin to practice cognitive self change. Its clients include nonviolent drug and alcohol offenders with either felonies or misdemeanors. At the center they provide classes on topics such as anger management and thinking true thoughts instead of just the basic drug and alcohol 101 classes.

Intern Duties & Responsibilities (list):

- Observe classes and large group meetings.
- Observe intake and assessment process for new residents.
- Interview two residents: one brand new and one near completion of the program.
- Attend at least one Al-Anon, NA, or AA meeting in Georgetown.
- Conduct a urinalysis and full body pat down on a female resident returning to the facility.

Benefits Obtained:

- Being able to apply theories and information learned in the classroom to a real life setting.
- Observe how various counseling styles are used on different kinds of residents.

One Sentence Capture of the Internship (My internship experience...):

My internship experience demonstrated a better insight into the criminal mindset and how that way of thinking can be altered through the process of cognitive self change.