BACHELOR OF ARTS

Kinesiology Major Courses 2019-2021

10-11 courses; Minimum 30 credits required; 22 credits must be from SU Level 200 = Introductory; Level 300+ = upper level

Course #	Course Name	Grade	Credit
KIN48-254	Anatomy & Physiology I		
KIN48-314	Research Methods in Kinesiology		
KIN48-404	Health and Fitness Concepts		
KIN48-424	Motor Learning and Control		
KIN48-704	Physiology of Exercise		
KIN48-714	Biomechanics		
KIN48-764	Exercise Prescription		
Select one add	litional Level 200+ Kinesiology course* (4 credi	ts):	
	litional Level 200+ Kinesiology course* (4 credi	<i>ts):</i>	
KIN48-XX4 *PSY33-544 I	Health Psychology is an approved KIN elective.		
Select one of t	the following Capstone options**:		
KIN48-824	Senior Capstone in Kinesiology		
OR			
KIN48-831	Research in Kinesiology I		

**KIN48-954 may be used to meet Capstone requirements. See catalog for specific
information. Additionally, students seeking teaching certification may use student teaching
to satisfy the capstone requirement,.

Research in Kinesiology II

KIN48-843

Required Supporting Courses:		Grade	Credit
MAT52-114	Introduction to Statistics		

*MAT52-114 can be used in Exploration and Breadth to satisfy a natural science.

University electives and/or optional minor(s):

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General Education Requirements

At least 30 total credits required; minimum 3 credits per requirement.

General Education - Part I

Take one of the	following first semester seminars:

UST05-014	First Year Seminar	
UST05-214	Advanced Entry Seminar	

Foreign Language (three semesters of the same language)

Social Justice Course (may double count with any requirement):

Two Fitness/Recreational Activity courses (must be different topics):

General Education - Part II: Exploration & Breadth (6 total courses)

KIN48-XXX courses cannot be used to satisfy Exploration & Breadth requirements.

Select one course from each of the four following areas:

Humanities:

Natural Sciences:				
Social Sciences:				
Fine Arts:				

Select one additional course from TWO of the four areas: Humanities, Natural Science, Social Science and Fine Arts. Neither course may come from the department (3 digit prefix) used above. EX: If you took PSY33-104 Principles of Psychology as a social science, you may not select another PSY33-XXX course to apply in this section.

*Public Speaking, College Writing and Creative Writing courses may not count in E&B.

University Graduation Requirements:

Minimum of 127 credits:	Minor (optional):
Cumulative GPA > 2.0	Minimum 18 credits
GPA > 2.0 for Major and/or Areas of Concentration	Minimum of 12 credits taken at Southwestern
All grades C- or higher in major/minor/core?	Minimum 2.0 minor courses CGPA
At least 64 credits completed at Southwestern	
No more than 56 credits of any 5 digit prefix	Other:
Major credits completed (min 30 required)	Degree Audit Completed (Due one year before grad date)
60% of Major courses completed at Southwestern (22cr)	Grad Application Submitted (Due start of final semester)
Gen Ed has minimum of 30 credits	Approved to be part time in last semester?