

Counseling & Health Center

The mission of the Counseling Center is to provide the highest-quality mental-health treatment for the whole person, promoting healthy lifestyles, and supporting students' ability to overcome and manage personal problems when they arise.

The Southwestern University Counseling Center supports personal growth and development in a secure environment in which the individual student is respected and valued. We also recognize systems of power, privilege, and oppression impact our students' lives, mental health, and academic success and strive to provide a space where students can shine & process their experiences.

Southwestern University Health Center provides excellent medical services that promote physical and mental health, support academic success, and foster a healthy campus community. We recognize each student encounter as an opportunity for health promotion and education. We are committed to providing high quality services that are confidential, respectful, accessible, and that support the holistic wellness of the individual.

All forms of health insurance are accepted. Students should bring a copy of their current health insurance card to every appointment. The Counseling and Health Center is located in the Prothro Center, Suite 200.



As a new student, you *must* provide documentation of a current meningitis vaccine, COVID-19 vaccine, and a current TB test. Take time *now* to schedule your vaccines and TB test, and submit by June 1. You **MUST submit health records prior to attending Sprog.**

- **Upload your immunization records and TB skin test:** Go to southwestern.edu/health-center and click on the Patient Portal link. Log in using your SUEID and password. Enter the required information, and upload copies of your complete immunization records and TB test results using your smartphone or a computer. Upload copies of all immunizations ever received.
- **Meningitis vaccine:** All students age 21 and under are required to have a meningitis vaccine within the past 5 years. This is mandatory for all college students in the state of Texas.
- **COVID-19 vaccine:** All students are required to submit proof of a COVID-19 vaccine. Notarized exemption form: <https://www.southwestern.edu/live/files/9620-comvaccineexempt2021p1pdf>
- **TB test:** All students are required to have a TB screening within the past year. A TB skin test (PPD) is acceptable if you have never had the BCG vaccine, never had tuberculosis, and never had a positive TB skin test. Otherwise, you will need to have the IGRA blood test. If your TB skin test is positive, you **MUST** have the IGRA blood test. A chest X-ray will **NOT** be accepted.

Southwestern University students are required to have and to keep current health insurance coverage for the Georgetown, Texas area as a condition of enrollment. All student accounts will automatically be charged for the University's student health insurance plan annual premium for the 2023-2024 academic year. This is a 12-month coverage policy through EIIA from August 10, 2023 to August 9, 2024. For policy questions, or to complete early enrollment or waive coverage, please go to eiiia.org/institution/southwestern-university or call 1.888.255.4029.

EARLY ENROLLMENT: Students who want to use the SU student health insurance plan are strongly encouraged to complete the Early Enrollment process on the EIIA website in order to have access to their insurance cards as soon as the policy becomes effective on August 10. Students who do not complete early enrollment will receive their insurance cards mid- to late-September.

WAIVING COVERAGE: Students who are covered by their own health insurance policy must complete the waiver process on the EIIA website above by providing proof of their current health insurance policy before the waiver deadline of July 15.